

EDUCATIONAL SERIES FOR HEALTHCARE PROFESSIONALS

2016

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- 1. You must have registered online for today's session
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- 3. Within **2 WEEKS** of this session:
 - ✓ Complete the evaluation*
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*An email with links to the evaluation and post-test will be sent <u>Friday, November 18th</u> by 5:00 PM ET.

Certificates will be emailed within 4-6 weeks





A V O N FOUNDATION for WOMEN





SPEAKERS

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Triage Cancer

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CONTENT PARTNER







HEALTH INSURANCE & HEALTH CARE REFORM

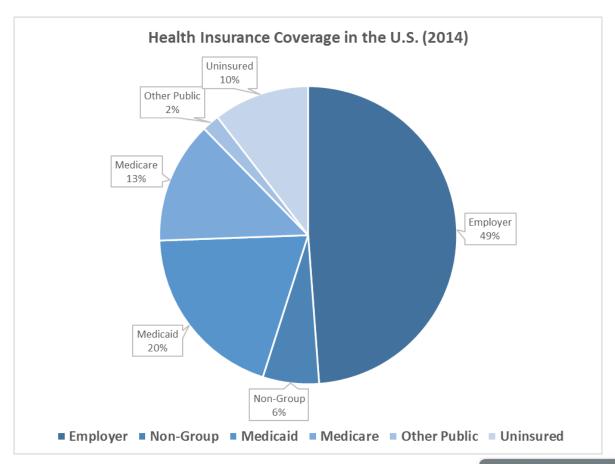
Key Topics:

- Getting and Keeping Health Insurance with a Pre-Existing Condition
- Consumer Protections in the ACA
- New Health Insurance Options
- Tips to Choose a Health Insurance Policy
- What to Expect Post-Election





RESEARCH: WHERE WE GET HEALTH INSURANCE







RESEARCH: "COST" OF HEALTH CARE

- As of 3/15, 32.9 million uninsured in U.S.
 - 15.2 million live in the South
 - 5.2 million are undocumented
- More than 1 in 4 cancer patients surveyed reported they had to pay more for medical care than they could afford (6/6/16)
- Cost of care survey respondents reported levels of post-traumatic stress similar to what African-American survivors of Hurricane Katrina experienced and greater than those who witnessed and were present in lower Manhattan on 9/11 (Cancer Support Community & Genentech: Cost of Care National Pilot Survey)
- 30% of US residents reported receiving surprise medical bills
- 2014 NerdWallet study found mistakes in 49% of Medicare claims





RESEARCH: EMPLOYEE UNDERSTANDING OF HEALTH INSURANCE

- 33% don't know the cost of their monthly premium
- 63% don't know that they can switch plans during open enrollment or when a life-changing event occurs
- 54% don't know how to submit claims
- 44% don't know how the deductible works
- 55% don't understand how the out of pocket maximum works
- 39% don't know difference between in-network and out-of-network providers
- 48% don't know the penalty for not having adequate health ins (BambooHR survey of 1,029 U.S. based employees)





HEALTH INSURANCE TERMS

Cost to Have Health Insurance

Premium – each month

Costs When You Use Your Health Insurance

- Deductible each year
- Co-Insurance or Cost-Share each time you get care
- Co-Payment each time you get care
- Out-of-Pocket Maximum =

deductible + co-payments + co-insurance



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HEALTH INSURANCE EXAMPLE

Your Plan: Deductible = \$2,000

Co-insurance = 80/20 plan

OOP Max = \$4,000

If you have a \$102,000 hospital bill, what do you pay?

1. Your deductible of \$2,000

102,000-2,000 = 100,000 left

2. Your co-insurance amount of 20%

20% of \$100,000 = \$20,000

But OOP max is only \$4,000. So, you only pay the \$2,000 deductible + \$2,000 of the \$20,000 co-insurance amount, for a total of \$4,000





WHERE WE GET HEALTH INSURANCE

Insurance Company

Employer

The Government:
Medicare, Medicaid, VA
Health, High Risk Pools





EMPLOYER-SPONSORED HEALTH COBRA INSURANCE

- Employers with 20+ employees
- Cost up to 102% of applicable employee rate
 - = Employer amount + Employee amount + 2% fee

COBRA Qualifying Event	Max COBRA Coverage		
Employment ends or hours reduced	18 months		
Loss of dependent child status	36 months		
Employee enrolls in Medicare	36 months		
Divorce or legal separation from employee	36 months		
Death of employee	36 months		





STATE COBRA LAWS

States with COBRA statutes:

- AR, CA CO, CT, FL, GA, IL, IA, KS, KY, LA, MA, ME, MD, MN, MS, MO, NV, NH, NJ, NM, NC, ND, OH, OK, OR, RI, SC, SD, TN, TX, UT, VT, WV, WI, WY
- Details vary by state
- Most cover employees with 2-19 employees
- Coverage lasts between 3-36 months
 *Triage Cancer Chart of State Laws





WHEN COBRA ENDS EARLY

- Employee doesn't pay premiums
- Employee becomes eligible for Medicare
- Employee commits fraud
- Employer stops offering a health plan to all employees
- Employer goes out of business





MEDICARE

- Eligibility
 - 65+ years old
 - On SSDI 2+ years
 - ESRD or ALS
- www.Medicare.gov
- 2017 Medicare and You:

www.medicare.gov/p ubs/pdf/10050.pdf

Open Enrollment:
 10/15 – 12/7







MEDICARE IN 2016

Part A: Hospital Insurance

(Free monthly premium for most people)



Part B: Medical Insurance (Premium \$121.80

(w/exceptions) & Deductible \$166)



Part D: Prescription
Drugs

(Annual deductible not more than \$360 in 2016; "Extra Help")

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Or . . .

Original Medicar e Part C: Medicare Advantage Plans

(Getting your Medicare Parts A, B, & D through a Medicare managed care plan)

May pick up your Part B premiums, deductibles, and other benefits.

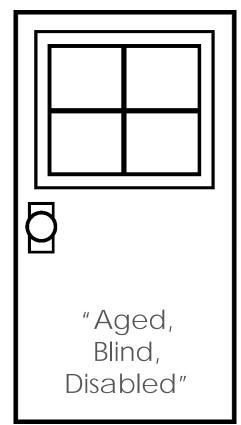
Less provider choice, whereas original Medicare is fee for service.

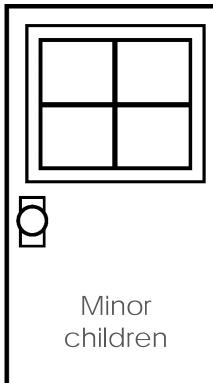
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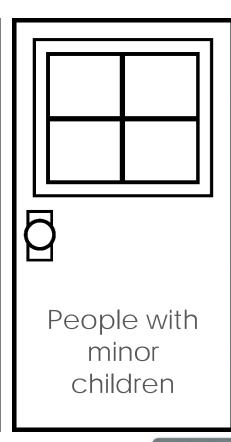


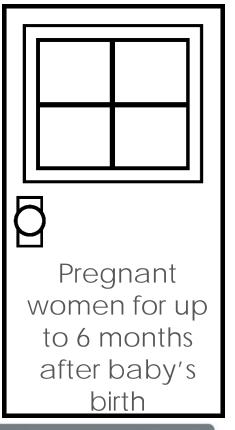
MEDICAID: ONLY OPTIONS PRIOR TO 1/1/14

Eligibility: low income + low assets +







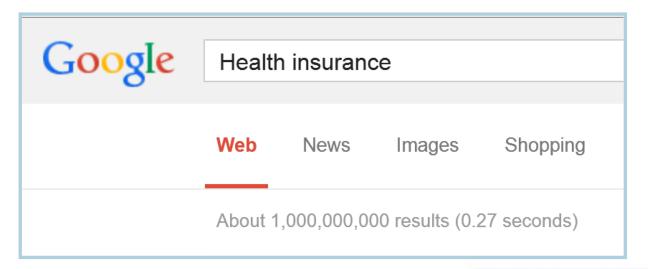






WHY HAS IT BEEN HARD TO GET HEALTH INSURANCE?

- Pre-existing conditions
- Cost
- Confusion

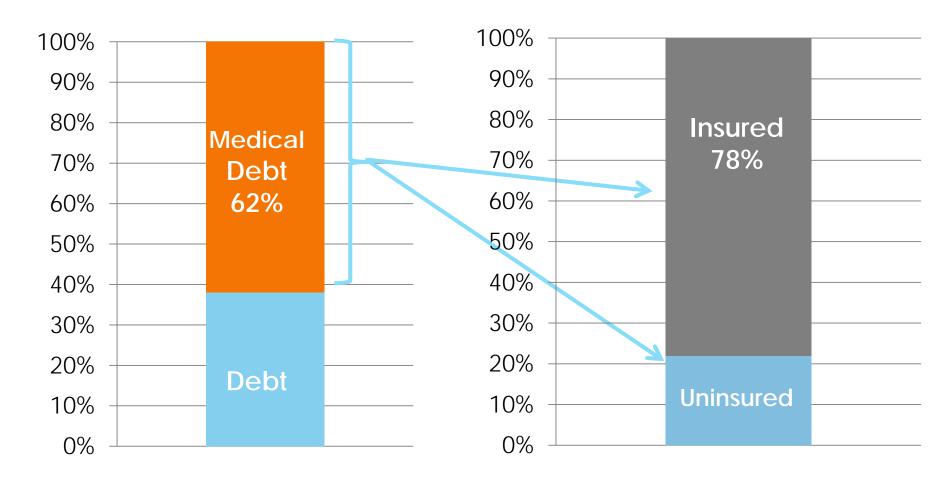








BANKRUPTCIES IN THE US







PATIENT PROTECTION & AFFORDABLE CARE ACT (ACA)



Signed into law on March 23, 2010





THE FUTURE



http://triagecancer.org/blog/post-election-updatehealth-insurance-u-s/





CONSUMER BENEFITS

- 1. No rescissions (cancellations)
- 2. No lifetime or annual limits
- 3. Young adults can stay on parent's plan until 26
- 4. Clinical trials coverage*
 - Routine care costs as of 1/1/14
 - Existing law in many states
 * Does not apply to grandfathered plans







CONSUMER BENEFITS

5. Free preventative care*

- No co-pays, co-insurance, or deductibles
- Ex: immunizations, blood pressure, diabetes, cholesterol, cancer screenings
- USPSTF Rated A/B (+ Mammography for women over 40)
- www.healthcare.gov/preventive-care-benefits
 - Colonoscopies AND removal of polyps
 - BRCA genetic screening AND testing





NEW MEDICARE BENEFITS

- Free Wellness Visit
- 2. Free Preventative Care
- 3. Lowers the cost of prescription drugs



2016: Part D deductible = \$360; Donut hole between \$3,310 and \$4,850 (oopc) www.medicare.gov/pubs/pdf/10050.pdf

Year	What you pay for brand name drugs in the coverage gap	What you pay for generic drugs in the coverage gap
2016	45%	58%
2017	40%	51%
2018	35%	44%
2019	30%	37%
2020	25%	25%





CONSUMER PROTECTIONS

1. Premium Rating:

- Individual vs Family Plan
- Geographic Location (by zip code)
- Age (64 year old can't be charged more than 3 times what a 21 year old can)
- Tobacco (some states have eliminated this, too e.g., CA, DC,
 CT)
- 2. No Pre-Existing Condition Denials/Exclusions Insurance companies cannot look at:
 - Pre-existing condition (physical or mental) or health history
 - Gender or age





HEALTH INSURANCE REQUIREMENT

Most U.S. citizens & lawfully present must have health insurance

What coverage counts?

Employer or Individual Plans

COBRA/HIPAA Plans

Medicare, Medicaid, Veterans Health High Risk Pools, &

How much is the penalty?

Year	Adult Penalty	Child Penalty	Family Max	or % of Income, whichever is more
2014	\$95	\$47.50	\$285	1%
2015	\$325	\$162.50	\$975	2%
2016	\$695	\$347.50	\$2,085	2.5%

Fine collected through IRS annual taxes





REQUIREMENT TO HAVE HEALTH INSURANCE

- Can have 1 gap up to 3 months during the year
 - Lines up with 90 day waiting period for employer health insurance
- Penalty is per month: only pay 1/12 of yearly penalty for each month you're uninsured

Who Doesn't Need to Purchase Health Insurance

- If cheapest plan costs more than 8% of household income
- Taxpayers with incomes below \$10,300 (single under 65-2016)
- Members of Indian tribes and health care sharing ministries
- Members of recognized religious sects with religious objections
- Individuals who are not lawfully present or incarcerated



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REQUIREMENT TO HAVE HEALTH **INSURANCE**

Financial Hardship Exception

- You were determined ineligible for Medicaid because your state didn't expand eligibility for Medicaid under the Affordable Care Act
- Your individual insurance plan was cancelled and you believe other Marketplace plans are unaffordable
- You filed for bankruptcy in the last 6 months
- You had medical expenses you couldn't pay in the last 24 months
- You experienced unexpected increases in necessary expenses due to caring for an ill, disabled, or aging family member
- You were homeless, were evicted in the past 6 months, or were facing eviction or foreclosure
- You received a shut-off notice from a utility company
- You recently experienced the death of a close family member



REQUIREMENT TO HAVE HEALTH INSURANCE

Financial Hardship Exception

- You recently experienced domestic violence
- You experienced a fire, flood, or other natural or human-caused disaster that caused substantial damage to your property
- You expect to claim a child as a tax dependent who's been denied coverage in Medicaid and CHIP, and another person is required by court order to give medical support to the child. In this case, you do not have the pay the penalty for the child
- As a result of an eligibility appeals decision, you're eligible for enrollment in a qualified health plan (QHP) through the Marketplace, lower costs on your monthly premiums, or costsharing reductions for a time period when you weren't enrolled in a QHP through the Marketplace
- You experienced another hardship in obtaining health insurance





NEW HEALTH INSURANCE OPTION #1

Medicaid Expansion

New category (door) of eligibility:

 No asset/ resource test

*Except Alaska & Hawaii

Adults with household income under 138% of federal poverty level			

Household Size	138%*	
1	\$16,394	
2	22,107	
3	27,820	
4	33,534	
5	39,247	
6	44,960	





STATE MEDICAID EXPANSION IN 2016

Expanded 32

Not Expanded 19

AK⁵, AR⁴, AZ, CA, CO, CT, DC, DE, HI, IA⁴, IL, IN, KY, LA⁷, MA, MD, MI¹, MN, MT⁶, ND, NH³, NJ, NM, NV, NY, OH, OR, PA², RI, VT, WA, WV

AL, FL, GA, ID, KS, ME, MO, MS, NC, NE, OK, SC, TN, TX, UT, WI, WY

Updated: 7/7/2016 (information changes frequently, please check for updates)

- ¹ MI expansion began 4/1/14, ² PA expansion began 1/1/15, ³ NH expansion begins 1/1/16
- ⁴ IA and AR implemented expansion through premium assistance & wrap around Medicaid
- ⁵ AK expansion began 9/1/15
- ⁶ MT enrollment began 11/2/15 for coverage that begins 1/1/16
- ⁷LA Governor signed Executive Order for expansion to begin 7/1/16





NEW HEALTH INSURANCE OPTION #2

State Health Insurance Marketplaces

- "Exchanges"
- An insurance shopping mall
- "I have an Obamacare plan"





Ins. Co.

Employer

The Government: Medicare, Medicaid, VA Health, High Risk Pools





HEALTH INSURANCE MARKETPLACE

1. Standardized cost-share:



Catastrophic coverage (under 30 or \$ hardship)

2. Highest OOP maximum*: \$6,850 individual / \$13,700 family *with some exceptions





HELPING YOU BUY HEALTH INSURANCE

- Premium tax credits:
 - Lowers your monthly premium
 - Can't get if you choose a catastrophic plan
 - Generally only applies to plans in the exchange!
- Cost-sharing subsidies:
 - Lowers your deductible, co-pays, & co-insurance amounts
 - Only available if you purchase Silver Plans



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STATES EXPANDING MEDICAID

Cost-Sharing Subsidies

(Silver Plans Only)

Household Size	100% (2016)	138% (2016)	200% (2015)	250% (2015)	400% (2015)
1	\$11,880	\$16,394	\$23,540	\$29,540	47,080
2	16,020	22,107	31,860	39,825	63,720
3	20,160	27,820	40,180	50,225	80,360
4	24,300	33,534	48,500	60,625	97,000
5	28,440	39,247	56,820	71,025	113,600
6	32,580	44,960	65,140	81,425	130,280

Medicaid

Premium Tax Credits





STATES NOT EXPANDING MEDICAID

Cost-Sharing Subsidies

(Silver Plans Only)

Household Size	100% (2016)	138% (2016)	200% (2015)	250% (2015)	400% (2015)
1	\$11,880	\$16,394	\$23,540	\$29,540	47,080
2	16,020	22,107	31,860	39,825	63,720
3	20,160	27,820	40,180	50,225	80,360
4	24,300	33,534	48,500	60,625	97,000
5	28,440	39,247	56,820	71,025	113,600
6	32,580	44,960	65,140	81,425	130,280

Medicaid

Premium Tax Credits





FINANCIAL ASSISTANCE... THE DETAILS

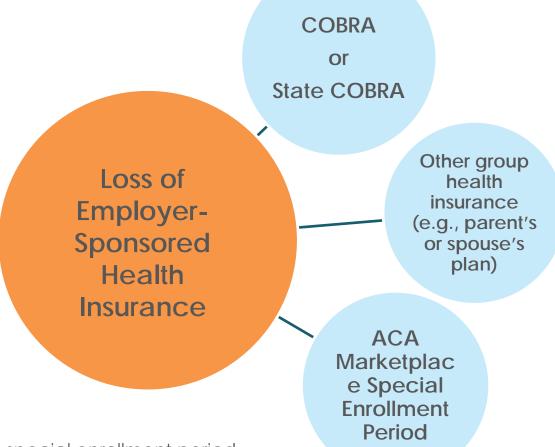
- Final amount of financial assistance is based on your actual income by the end of the year
 - If income is more, you may have to repay
 - If income is less, you may get a larger credit at tax time

*Report changes as soon as possible





LIFE CHANGING EVENT



- * election period vs. special enrollment period
- * May elect COBRA while waiting for Marketplace
- © Triage Cancer 2016





HOW TO ENROLL



Enrollment:

- Website: HealthCare.gov or State Marketplace Website
- Toll-free phone hotline: 800.318.2596
- Paper application: mail or fax
- In-Person: places to get help enrolling
 - Marketplace Assister Organizations
 - www.healthcare.gov/contact-us/





WHEN TO ENROLL?

- Medicaid applications accepted year round
- 2016 Open Enrollment Period Closed
- 2017 Open Enrollment Period: Happening Now!
 - **11/1/16:** 2017 Open Enrollment begins
 - 12/15/16: Last day to enroll for coverage to start 1/1/17
 - 1/15/17: Last day to enroll for coverage to start 2/1/17
 - **1/31/17**: 2017 Open Enrollment ends
 - Enrollments or changes between January 16–31 take effect 3/1/17





SPECIAL ENROLLMENT PERIOD

When you have a life-changing event . . .

- Loss of minimum essential coverage, for example:
 - Change in full-time employment status
 - Loss of employer-sponsored insurance
 - Change in dependent status as a result of turning 26
 - COBRA ending

- · Birth or adoption of a child
- Marriage, domestic partnership, divorce, legal separation
- Moving regions or states
- Gain eligible immigration status
- Release from incarceration
- Military returning from active duty

. . . you have 60 days to enroll in Marketplace plan





CAN AN EMPLOYEE WHO IS OFFERED COVERAGE FROM AN EMPLOYER BUY A PLAN IN THE MARKETPLACE AND STILL BE ELIGIBLE FOR \$ HELP?

Yes, if:

- Employer offers coverage that is not:
 - "Affordable"
 - Self-only plan costs more than 9.56% of employees income
 - BEWARE: Family Glitch
 - "Adequate"
 - Covers less than 60% of health care costs





WHERE TO START?

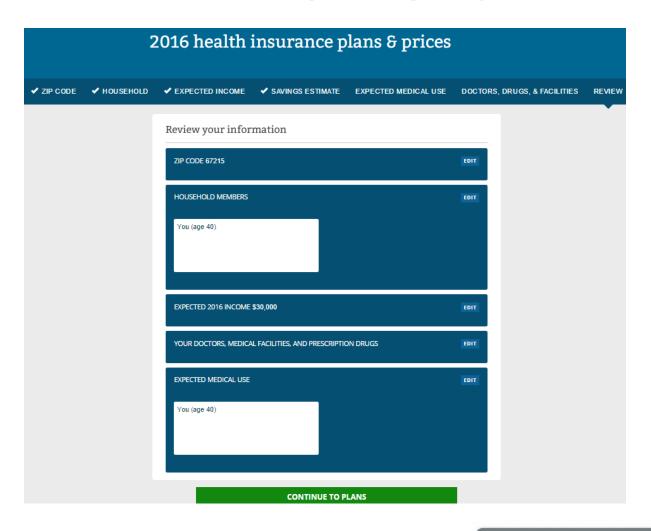


www.HealthCare.gov/see-plans



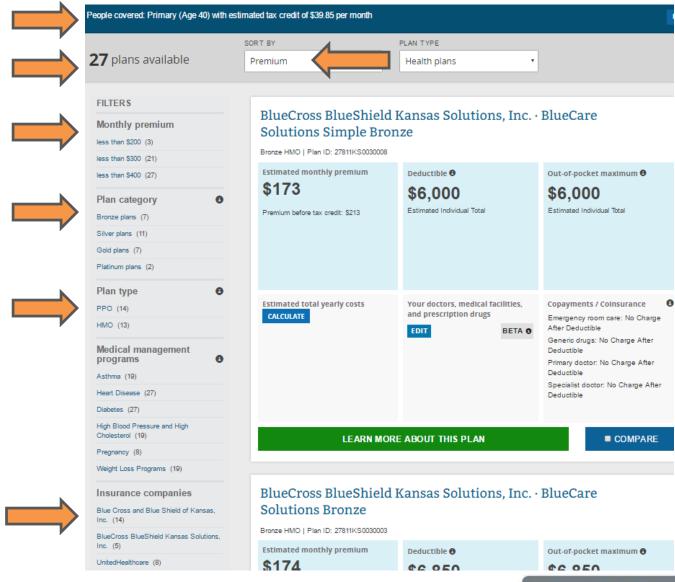


PLAN OPTIONS









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BlueCross BlueShield Kansas Solutions, Inc. \cdot BlueCare Solutions Simple Bronze

Bronze HMO | Plan ID: 27811KS0030008



Estimated monthly premium

\$173

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Premium before tax credit: \$213

Deductible 6

\$6,000

Estimated Individual Total

Out-of-pocket maximum 6

\$6,000

Estimated Individual Total

Blue Cross and Blue Shield of Kansas, Inc. · BlueCare Signature

Silver PPO | Plan ID: 18558KS0390017



Estimated monthly premium

\$271

Premium before tax credit: \$311

Deductible 6

\$2,500

Estimated Individual Total

Out-of-pocket maximum 6

\$5,200

Estimated Individual Total

Blue Cross and Blue Shield of Kansas, Inc. · BlueCare Elite with pediatric dental

Platinum PPO | Plan ID: 18558KS0380001



\$398

Premium before tax credit: \$438

Deductible 6

\$0

Estimated Individual Total

Out-of-pocket maximum 6

\$1,150

Estimated Individual Total

© Triage Cancer 2016



The Math Matters!

Total potential costs for year = 12 months of premiums + OOP max

#1:

\$173x12 = \$2,076

+ OOP = \$6,000

Total = \$8,076

#2:

\$271x12 = \$3,252

+ OOP = \$2,500

Total = \$5,752

#3:

\$398x12 = \$4,776

+ OOP = \$1,150

Total = \$5,926



DIFFERENCES BETWEEN PLANS?

- Cost
 - Premium, Out of Pocket, Co-Pay, Cost-Share
- Networks of doctors and hospitals
 - Check to make sure your doctors are covered by the plan you choose
- Co-payments
- Prescription drug coverage
 - Which drugs are covered?
 - Is there a separate drug deductible?





CHECKING PROVIDERS & DRUGS

UnitedHealthcare · UnitedHealthcare Silver Compass 2000

☐ Compare

Silver HMO

Plan ID: 33931OH0030006

ESTIMATED MONTHLY PREMIUM

\$292

Premium before tax credit: \$331

ESTIMATED DEDUCTIBLE

\$2,000

Estimated individual total

ESTIMATED OUT-OF-POCKET MAXIMUM

\$6,600

Estimated individual total

COPAYMENTS / COINSURANCE

Primary doctor:

\$30

Specialist doctor:

\$60

Emergency room care:

\$250/30% Coinsurance after

deductible

Generic drugs:

\$10

PEOPLE COVERED

1 (Age 40): Covered

MORE INFORMATION

Summary of Benefits

Provider directory

List of covered drugs

LEARN MORE ABOUT THIS PLAN



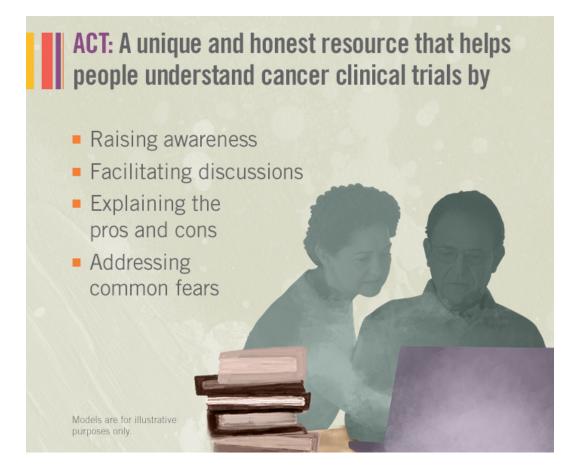


HEALTH INSURANCE APPEALS

- Denials of coverage
 - Internal appeals
 - External appeals
 - State Health Insurance Agency
 - www.triagecancer.org/resources/stateresources
 - Ex: clinical trials, experimental, investigational, off label, prescription drugs, imaging tests, etc.



ACT: ABOUT CLINICAL TRIALS



www.LearnAboutClinicalTrials.org





PRESIDENT-ELECT TRUMP ON HEALTH CARE

- Repeal and replace Obamacare with Health Savings Accounts (HSAs).
- Work with Congress to create a patient-centered health care system that promotes choice, quality, and affordability.
- Work with states to establish high-risk pools to ensure access to coverage for individuals who have not maintained continuous coverage.
- Allow people to purchase insurance across state lines, in all 50 states, creating a dynamic market.
- Maximize flexibility for states via block grants so that local leaders can design innovative Medicaid programs that will better serve their low-income citizens.

https://www.greatagain.gov/policy/healthcare.html





BUT...



http://www.cbsnews.com/videos/the-45th-president-letters-on-the-pot-vote/



EDUCATIONAL SERIES FOR HEALTHCARE PROFESSIONALS

HOW THE ACA WAS BUILT



- Congress
- Federal Agencies
 - Health & Human Services; IRS; etc.
- States
 - Governors
 - Legislatures
 - Agencies
 - Marketplace Boards





HOW THE ACA CAN BE DISMANTLED

- 1. Repeal
- 2. Reconciliation only budget related items
 - Subsidies
 - Medicaid funding to states
 - Not paying for defense of lawsuits against the ACA
 - Individual and employer mandate taxes
- 3. Executive Orders
- Non-enforcement
 - HHS Marketplace and Medicaid
 - IRS individual mandate and employer mandate





TOP TAKEAWAYS

- Can't be denied health insurance and can't be charged more because of your health condition

 FOR NOW
- 2. Weigh your options carefully when looking at plan options, the math matters!
- Appeal denials of coverage
- 4. Learn more about how the ACA & other laws that impact the cancer community and how they may be changed with this new Administration/Congress





MORE FROM CAC

2017 Conferences:

MIDWEST CONFERENCE ON WORK & CANCER

Friday, March 31, 2017, Chicago

NATIONAL CONFERENCE ON WORK & CANCER

Friday, June 23, 2017, New York City *Travel scholarships available

WEST COAST CONFERENCE ON WORK & CANCER

Fall, 2017. More information to come.

Free Publications

www.cancerandcareers.org/publication_orders/new

Presentation Archive

http://www.cancerandcareers.org/en/community/videos





TRIAGE CANCER RESOURCES

- Educational Blog (http://TriageCancer.org/Blog)
- Events (<u>http://TriageCancer.org/Events-Calendar</u>)
 - Triage Cancer Conferences (CEUs for Nurses & Social Workers)
 - May 20, 2017 ~ Oklahoma City, OK
 - June 10, 2017 ~ Madison, WI
 - Fall 2017 ~ Morgantown, WV
- Cancer Survivorship Webinar Series (http://TriageCancer.org/Webinars)
- Resources (http://TriageCancer.org/Resources)
 - Quick Guides
 - State Resource Contact Information
 - International Resources
 - Links to Partner Publications





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Newsletter

www.cancerandcareers.org/en/community/newsletter





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